## 6<sup>th</sup> Grade Volleyball 2023 Season starts March 27, 2023

## **Rules:**

- 1. Matches will begin at 3:30 and end no later than 5:00
- 2. Regular sanctioned volleyball rules are used.
- 3. Regulation courts will be used (especially for the main two courts)
- 4. Three courts will be available.
- 5. Regulation serving rules will be used unless determined by referees and/or coaches because of limited clearance. U12 volleyballs (volley-lites) will be used.
- 6. No match winner will be determined.
- 7. Score will be kept on each court (flip charts or white boards) for game ending purposes only, not to declare a match winner.
- 8. Squads should consist of 6 -10 players
- 9. Each player must have 8 practices prior to the first match.
- 10. Host school will communicate with visiting school and refs about "sub zone"
- 11. Coaches will rotate players in order to create equal playing time. All players play front and back row. No official record will be kept.
- 12. There will be a five serving limit per rotation. Once 5 serves have been reached by a server, the other team receives the ball without a point and rotates to a new server.
- 13. Officials will not always be on official stands-varies by school.
- 14. Uniforms will match, (same color) but don't need numbers.
- 15. Please call Salima Kanji, Assignor GSVO, at 425-802-7474 or email directly at assignor@gsvo.org if your ref is late.
- 16. If you have a schedule change please contact AD Bret Geller at 206-794-1200 or email bgeller@nsd.org.

## **Organization:**

- 1. Coaches will contact each other prior to the match to discuss how many teams will be available per school.
- 2. Teams will be made by skill level and will play against other teams of similar level.
- 3. All team members must play every match. Every attempt will be made to equalize the playing time among team members.
- 4. There will be two courts with referees, a third that will be refereed by volunteers.
- 5. Match format: Schools with 4 or less teams can play 2 45-minute rounds on the main courts. During this time, teams will also be playing each other on the 3rd court, rounds can be anywhere between 8-20 minutes, depending on the amount of teams. If schools have more than 4 teams, 3 30-minute rounds should be used to make sure all teams have a chance to play on the main courts. Same format will be used on the 3rd court.
- 6. All games are rally scoring.
- 7. All teams will set their own warm up before the match starts. Subsequent matches will rotate and begin the next match with no warm up.
- 8. Third court referee can be ANYONE that understands volleyball, even 6<sup>th</sup> graders not playing. They need a stopwatch and a whistle to blow for serve will blow for serve. If possible, also at the end of the rally.
- 9. Nets are regulation height (7 feet)
- 10. If officials are late or don't show, coaches are to contact head official and will play match without them.